

COMPLIMENTARY THERAPIST

Salary: Up to £10,000 per annum

Hours: 15 hours per week (two full days)

Excellent benefits: Enhanced holiday & sick pay, free on-site parking, healthcare cash back scheme, free on-site gym, employee wellbeing & assistance program

Overview: Our residents are at the heart of everything we do at the Meath Epilepsy Charity with person-centred planning we make sure that everyone remains focused on achieving their goals and to maintain their independence as much as possible.

Job Purpose: To work alongside our Health and Wellbeing team to provide complementary therapies to our residents, such as reflexology, aromatherapy, and hand, foot and head massage, on a 1-1 basis.

This role involves planning and delivering personalised treatments, keeping clear and accurate notes, and maintaining a safe, calm and supportive environment for those in our care.

Key Responsibilities Include:

- Deliver safe, effective and sensitive complementary therapies to residents and external clients on a 1-1 basis as part of the Health and Wellbeing team
- Support residents to achieve and maintain their physical potential
- Build positive, professional and trusting relationships with residents, colleagues and families
- Create individual treatment plans tailored to each resident's or client's needs and circumstances
- Encourage positive health and wellbeing outcomes
- Provide regular feedback regarding residents' wellbeing to the Health and Wellbeing team and care staff
- Share knowledge and guidance with care staff where appropriate to help maintain continuity of care
- Maintain clear, accurate and up-to-date treatment records
- Liaise with the Physiotherapist / Nurse throughout as required
- Review and evaluate the effectiveness of treatments and share findings with the wider team
- Ensure all practice is safe, appropriate and in line with best practice guidance
- Maintain a clean, professional and welcoming therapy space

The responsibilities listed above are not exhaustive, and the post holder may be asked to undertake additional duties in line with the needs of the service.

Qualifications & Professional Requirements:

- We are looking for someone who holds:
- ITEC, VTCT, City & Guilds or equivalent Level 3 Diploma (minimum) in Reflexology
- ITEC, VTCT, City & Guilds or equivalent Level 3 Diploma (minimum) in Aromatherapy
- ITEC, VTCT, City & Guilds or equivalent Level 3 Diploma in Massage Therapy *or* recognised training in hand, foot and head massage

In addition, the successful candidate will:

- Be a member of a recognised professional body (e.g. Federation of Holistic Therapists, Complementary and Natural Healthcare Council, Association of Reflexologists or equivalent), or willing to obtain membership
- Hold appropriate professional indemnity and public liability insurance where required
- Have (or be willing to obtain) an Enhanced DBS check

Experience working with individuals with complex needs, or within a care environment would be welcomed.

Inclusivity & Diversity: We recognise that all our colleagues are uniquely different and bring their own originality creativity, and identity to work. We encourage people from all backgrounds to be part of our charity in supporting our inspirational residents.

Our values are embedded into our culture here at The Meath, designed by our team, and how we live our every day:

We are **COLLABORATIVE** – We are trusting, We achieve more together, We communicate

We **CARE** – We are person-centred, We are respectful, We are skilled & knowledgeable

We are **PROUD** – We work as a team, We take pride in the people that we support, We take pride in our community

We are **INCLUSIVE** – Everyone is important, Everyone has a voice, Everyone is welcome

We **EMPOWER** – We are creative, We are positive, We support individual development & achievement